

wander(ing)

inside (or outside) - alone (*or with others*) - with (*or without*) instrument

Your feet wander
they find a place
to pause for a while
you sit or stand there

Your eyes wander
inside or out
they find a place
to rest for a while
you name it / describe it / play (with) it

Your ears wander
inside or out
they find a sound
you play (with) it

your mind wander
inside or out
it finds a place
to rest for a while
you stay there until

your feet your eyes
or your ears wander

This wandering of feet, eyes, ears and mind can be done in whatever order, a few times at a time, for as long as one choses to.

Wandering stops when each one involved has chosen to stop wandering (because all wandering has been exhausted or that some should be saved for another occasion). This can be indicated to others by walking away or by sitting or lying down.

Naming, describing and playing (with) sounds should be discreet yet audible to others, to what extent may fluctuate depending on mood, personal preference, where you are, who you are with or general consensus. Sounds may be pitched, unpitched, what you hear translated with voice, objects, stones or instrument.

Feet, eyes, ears or mind may feel like joining other's. If welcomed, they may wander together for a while.